**AUSSIE-TIZERS® TO SHARE** 

Seared Ahi Tuna\* - GF

Sashimi-style Tuna rubbed in bold spices and seared rare. Served with creamy ginger-soy sauce and wasabi vinaigrette. **Avoid both dressings.** 

Grilled Shrimp on the Barbie - GF
Sprinkled with seasonings and

Sprinkled with seasonings and delicately grilled. Served with freshly made remoulade sauce.

# **SALADS**

All salad dressings are GF, except Mustard Vinaigrette and Blue Cheese dressing. Request no croutons on salads. Request salads be mixed in a separate bowl from other salads.

#### **Aussie Chicken Cobb Salad - GF**

Choose grilled or crispy chicken to top off fresh mixed greens, chopped hardboiled eggs, tomatoes, bacon, shredded Monterey Jack and Cheddar cheese and freshly made croutons. Tossed in your choice of housemade dressing. Request no croutons.

Avoid Crispy Chicken.

#### California Chicken Salad - GF

Grilled chicken and crumbled
Feta cheese atop leafy mixed
greens, baby spinach, roasted
walnuts and diced green apples.
Tossed in our original vinaigrette.
Try it with Light Balsamic Vinaigrette.

#### Steakhouse Salad\* - GF

Seared sirloin atop mixed greens, Aussie Crunch, tomatoes, red onions, cinnamon pecans and a Danish Blue Cheese vinaigrette.

**Avoid Aussie Crunch.** 

**Chicken or Shrimp Caesar Salad - GF** 

Choose Grilled Chicken or Grilled Shrimp on the Barbie to top crisp romaine and freshly made croutons. Tossed in our housemade Caesar dressing. **Request no croutons.** 

# Try it with Light Balsamic Vinaigrette.





This menu and the information on it is provided by Outback Steakhouse, in cooperation with the Gluten Intolerance Group® (GIG®), as a service to our customers. Outback Steakhouse and GIG® assume no responsibility for its use and information. Patrons are encouraged to their own satisfaction, to consider this information in light of their individual requirements and needs. Updated 8/2012

**WWW.GLUTEN.NET** 

#### ITEMS MAY VARY BY LOCATION.

Please refer to dinner menu for prices.

\* These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs which may contain harmful bacteria may increase your risk of foodborne illness or death, especially if you have certain medical conditions.

# **OUTBACK FAVORITES**

#### **Baby Back Ribs - GF**

Each succulent rack is smoked, grilled and brushed with a tangy BBQ sauce. Served with Aussie Fries. Aussie Fries are not GF. Order vegetables without seasonings or substitute with baked potato.

New Zealand Rack of Lamb\* - GF Finished with a rich Cabernet wine sauce. Served with garlic mashed potatoes and fresh seasonal mixed veggies. Avoid the Cabernet sauce. Order vegetables without

seasonings or substitute with

Grilled Pork Chop\* - GF

baked potato.

A lean grilled pork chop. Served with garlic mashed potatoes and fresh steamed green beans. Order vegetables without seasonings or substitute with baked potato.

#### Alice Springs Chicken® - GF

Grilled chicken breast topped with sautéed mushrooms, crisp bacon, melted Monterey Jack and Cheddar and finished with our honey mustard sauce. Served with Aussie Fries.

Aussie Fries are not GF. Order vegetables without seasonings or substitute with baked potato.

Grilled Chicken on the Barbie - GF
Seasoned and grilled chicken breast
with our signature BBQ sauce. Served
with fresh seasonal mixed veggies.
Order vegetables without seasonings
or substitute with baked potato.

#### **Sweet Glazed Pork Tenderloin - GF**

(Based on Availability) Slow-roasted and drizzled with a sweet tangy glaze. Served with garlic mashed potatoes and fresh steamed green beans.

Avoid crunchy crumb topping. Order green beans or vegetables without seasonings or substitute with baked potato.

# **SIGNATURE STEAKS**

#### Outback Special\*\* - GF

Our signature sirloin is the leanest cut, hearty and full of flavor.

#### Victoria's Filet®\* - GF

The most tender and juicy thick cut.

#### New York Strip\* - GF

Full of rich flavor.

Ribeye\* - GF

The steak lover's steak is well-marbled, juicy and savory.

#### Porterhouse\* - GF

A flavorful strip and filet tenderloin together.

#### **Herb Roasted Prime Rib\* - GF**

(Based on Availability) Seasoned and slow-roasted prime rib. Hand-carved to order and served with traditional au jus. **Avoid au jus.** 

#### **ADD ONS**

For even more flavor, add one of these to your favorite entrée: Grilled Scallops - GF Avoid Lemon Pepper Butter Sauce. Grilled Shrimp - GF Lobster Tail - GF

# PERFECT COMBINATIONS

#### Ribs & Chicken on the Barbie - GF

1/3 rack of baby back ribs and a grilled chicken breast. Served with Aussie Fries. Aussie Fries are not GF. Order vegetables without seasonings or substitute with baked potato.

#### Filet\* & Grilled Shrimp on the Barbie - GF

Petite filet paired with seasoned and grilled shrimp. Served with a dressed baked potato.

#### Sirloin\* & Grilled Shrimp on the Barbie - GF

Our signature sirloin paired with seasoned and grilled shrimp.
Served with your choice of two freshly made sides. Order vegetables without seasonings or substitute with baked potato.

#### Filet\* & Lobster Tail - GF

A tender and juicy thick cut filet paired with seasoned and grilled lobster tail. Served with your choice of two freshly made sides. **Order vegetables without seasonings or substitute with baked potato.** 

\* These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs which may contain harmful bacteria may increase your risk of foodborne illness or death, especially if you have certain medical conditions.



### STRAIGHT FROM THE SEA

#### Norwegian Salmon\* - GF

From the icy cold waters of Norway, seasoned and grilled. Served with fresh seasonal mixed veggies.

Order vegetables without seasonings or substitute with baked potato.

#### Simply Grilled Mahi\* - GF

Seasoned and wood-fire grilled
Mahi served with fresh seasonal
mixed veggies. Avoid rice garnish.
Order vegetables without seasonings
or substitute with baked potato.

#### Hearts of Gold Mahi\* - GF

Grilled Mahi topped with artichoke hearts, sundried tomatoes, green onions and a light lemon sauce. Served with fresh seasonal mixed veggies.

Avoid rice garnish and Lemon Pepper

Avoid rice garnish and Lemon Pep Butter Sauce. Order vegetables without seasonings or substitute with baked potato.

#### **Lobster Tails - GF**

Two cold water tails simply steamed or seasoned and grilled. Served with your choice of two freshly made sides. **Order vegetables without seasonings or substitute with baked potato.** 

# **BURGERS & SANDWICHES**

Burgers are cooked to order and served with Aussie Fries. Aussie Fries are not GF. Order vegetables without seasonings or substitute with baked potato.

©AVOID THE BREAD. Burgers are made from 100% beef. Bacon, mayonnaise, mustard, ketchup, cheeses, BBQ sauce, pickles, and honey mustard sauce are all gluten free.

# The Bloomin' Burger\*\* - GF© Topped with Bloomin' Onion\*

petals, American cheese, lettuce, tomato and spicy bloom sauce.

Avoid Bloomin' Onion petals.

# **The Outbacker Burger\* - GF©**Topped with lettuce, tomato, onion,

pickle and mustard.

# Classic Cheeseburger\* - GF© Topped with your choice of cheese,

American, Swiss, Provolone or Cheddar and lettuce, tomato, onion, pickle and mustard.

# **Aged Cheddar Bacon Burger\* - GF®**Topped with aged Cheddar, bacon, pickles, onions, lettuce,

tomato and mavo.

#### Grilled Chicken & Swiss Sandwich - GF®

Topped with Swiss, bacon, lettuce, tomato and honey mustard sauce.

# FRESHLY MADE SIDES

Fresh Steamed Broccoli - GF
Fresh Steamed Green Beans - GF
Fresh Seasonal Mixed Veggies - GF
Request all vegetables without seasonings

Garlic Mashed Potatoes - **GF**Dressed Baked Potato - **GF**Sweet Potato - **GF**Grilled Asparagus - **GF** 

#### Signature Side Salads House Salad - GF Avoid croutons. Caesar Salad - GF Avoid croutons.

**Premium Side Salads** 

Classic Blue Cheese Wedge Salad - **GF Avoid Blue Cheese dressing.**Blue Cheese Pecan Chopped Salad - **GF Avoid Aussie Crunch.** 

All salad dressings are GF, except the Mustard Vinaigrette and Blue Cheese dressing. Be sure to request no croutons and request salad be mixed in a separate bowl from other salads.

MGF

12-08120-GFMM.indd 1 8/7/12 2:47 AM

<sup>\*</sup> These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs which may contain harmful bacteria may increase your risk of foodborne illness or death, especially if you have certain medical conditions.



# **OUTBACK SPECIALTY COCKTAILS**

Enjoy a selection of our refreshing cocktails. Please see our beverage menu for more choices and prices.

Three fun-sized 4 oz. samples of our fruity pomegranate, mango and lime Naturally Skinny 'Ritas made with El Jimador® Reposado Tequila.

#### Naturally Skinny 'Rita - GF (Under 150 Calories)

Enjoy our 100% Blue Agave El Jimador® Reposado Tequila naturally mixed with real citrus juices and a splash of orange juice. Shareable Pitcher Available.

#### Sauza Gold Coast 'Rita" - GF

Our proprietary house margarita made with Sauza Gold® Tequila. Have it frozen or on the rocks. Shareable Pitcher Available.

Try it Down Under by adding an extra shot of Sauza Gold® Tequila and a Cointreau® float.

#### **Top Shelf Patrón Margarita - GF**

Patrón® Silver Tequila, Grand Marnier® and Cointreau® are handshaken with a trio of lemon, lime and orange juices. Served straight up, on the rocks or in a shareable pitcher.

#### **New South Wales Sangria - GF**

Little Boomey® Australian Cabernet, Korbel® Brandy, fresh apples and a mix of pineapple, mango and orange juice. Try it in a pitcher, it's perfect for sharing!

#### The Wallaby Darned® - GF

The famous Australian peach bellini. A frosty combination of peaches, champagne, SVEDKA® Vodka and DeKuyper® Peachtree™ Schnapps.

#### Sydney's Cosmo Martini - GF

Skyy Infusions™ Citrus Vodka, Cointreau, mango and a splash of Ocean Spray® cranberry juice, served straight up.

**Drink** Responsibly. Drive **Responsibly**.

# 'Rita Trio

# AFTER-DINNER DRINKS

For the perfect complement to our delectable desserts, enjoy one of our sweet after-dinner drinks.



Kahlúa® and

**Coffee - GF** 

DISARONNO

Crand Marnier

Disaronno® Amaretto on the Rocks - GF

**Grand Marnier**<sup>6</sup> Straight Up - GF

BEVERAGES - GF

Ask your server about our freshly brewed flavored iced teas.



















Free refills on soft drinks, coffee and tea

# **IRRESISTIBLE DESSERTS**

#### **Chocolate Thunder** From Down Under® - GF

An extra generous pecan brownie is topped with rich vanilla ice cream, drizzled with our warm chocolate sauce and finished with chocolate shavings and whipped cream. This is a flourless brownie; we even dust the pan with sugar! It is a fantastic GF dessert!

#### Sydney's Sinful Sundae® - GF

Creamy vanilla ice cream rolled in toasted coconut and topped with chocolate sauce, whipped cream and a fresh strawberry.

# JOEY MENU

Just for kids under 10, please. Includes a beverage and choice of side. Aussie Fries are not GF. Order vegetables without seasonings or substitute with baked potato.

OAVOID THE BREAD. Burgers are made from 100% beef. Bacon, mayonnaise, mustard, ketchup, cheeses, BBQ sauce, pickles, and honey mustard sauce are all gluten free.

**Boomerang Cheese Burger\* - GF®** Joey Sirloin\* - GF<sup>©</sup> **Grilled Chicken on the Barbie - GF Junior Ribs - GF** 

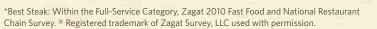
Spotted Dog Sundae - GF Avoid OREO® cookie crumbles.

# **FRESHLY MADE SIDES**

Fresh Steamed Broccoli - GF Fresh Steamed Green Beans - GF Fresh Seasonal Mixed Veggies - GF Request all vegetables without seasonings

Garlic Mashed Potatoes - GF Dressed Baked Potato - GF Sweet Potato - GF Grilled Asparagus - GF





<sup>\*</sup> These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs which may contain harmful bacteria may increase your risk of foodborne illness or death, especially if you have certain medical conditions.

12-0812-GFMM









